

## **DIRECTIONS TO THE RELAY EXCHANGE ZONES**

**Is there any transportation provided to and from the Relay Exchange Zones and the Start/Finish area?**

We currently do not provide transportation to and from the Relay Exchange Zones.

Participants and their drivers are asked to leave for their exchange zones WELL IN ADVANCE, to allow lots of time to find a parking spot and to be ready to go.

*Basically, if you are running the second leg of the relay...and you are watching your first team member lining up at the starting line and listening to "O Canada"...you're already too late!*

Remember, many of the obvious routes you would normally take to get to these locations may be blocked to traffic, since our participants are running on these very same routes. Plan your driving route well in advance to avoid the course.

**PLEASE DO NOT  
DRIVE ALONG THE COURSE  
TO GET TO YOUR  
RELAY EXCHANGE ZONE.**

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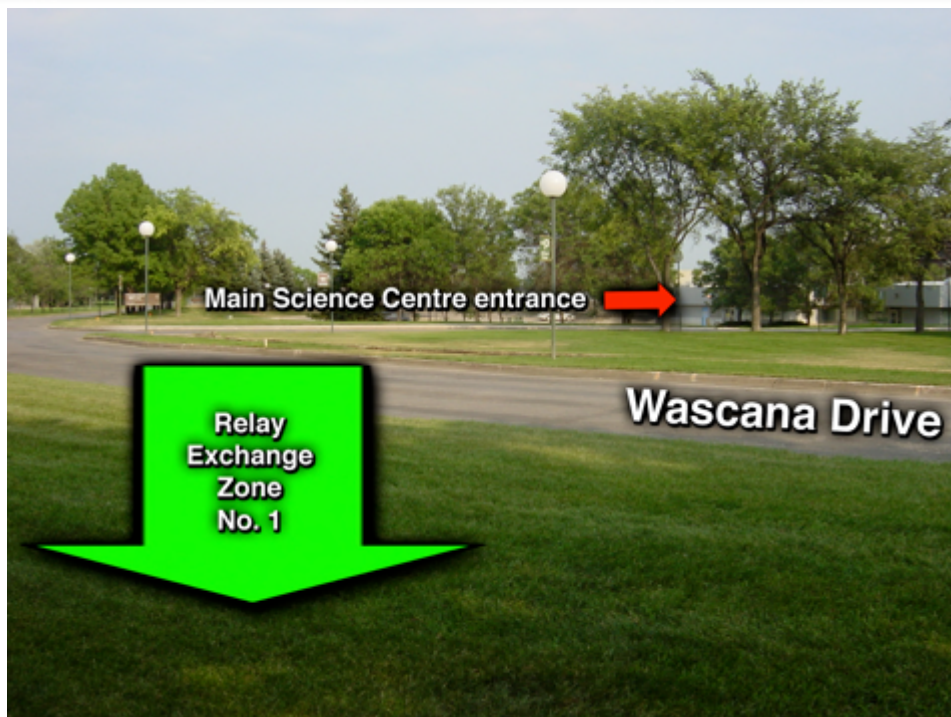
Where are the Relay Exchange Zones and how do I get to them?

The Relay legs and Exchange Zones are located at:

**Leg 1.**

- Starts at the starting line next to the T.C. Douglas Building.
- Distance: approx. 7 km

**Leg 2. – Relay Exchange Zone #1**



- Starts on Wascana Drive, just to the NORTHWEST of the Science Centre.
- Distance: approx. 10.5 km
  
- **To get there from the Start/Finish Area:**
  - Go North on Albert Street to College Avenue
  - East (right) on College Avenue to Broad Street
  - South (right) on Broad Street to Broadway Avenue
  - East (left) on Broadway Avenue to Winnipeg Street
  - South (right) on Winnipeg Street
  - Winnipeg Street curves to the left (heading east), and turns into 19<sup>th</sup> Avenue
  - Stop and park on 19<sup>th</sup> Avenue or on nearby streets.
  - Walk south across 19<sup>th</sup> Avenue to Wascana Drive. The Relay Exchange Zone will be on Wascana Drive to your right, just Northwest of the main entrance road to the Saskatchewan Science Centre/Kramer IMAX Theatre.
  - DO NOT DRIVE OR PARK ON WASCANA DRIVE.

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Leg 3. – Relay Exchange Zone #2



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- Starts on path just East of Conexus Arts Centre, near the waterfowl display ponds.
- Distance: approx. 11.5 km
  
- **To get there from the Start/Finish Area:**
  - East on 23<sup>rd</sup> Avenue
  - Cross Hillsdale Street and continue on to Wascana Parkway
  - Go straight across Wascana Parkway onto Lakeshore Drive
  - Lakeshore Drive curves to the left, taking you to the Conexus Arts Centre parking lot on your left-hand side
  - Park in the Conexus Arts Centre parking lot
  - Walk across Lakeshore Drive to the Relay Exchange Zone, which is located on the pathway/sidewalk near the waterfowl display ponds (the fenced in area full of ducks and geese and other waterfowly-type things).
  
- **To get there from Relay Exchange Zone #1:**
  - South on 19<sup>th</sup> Avenue as it curves to the right (north) becoming Winnipeg Street.
  - North on Winnipeg Street to Broadway Avenue
  - West (left) on Broadway Avenue to Broad Street
  - South (left) on Broad Street, over the bridge, to Lakeshore Drive.
  - East (left) on Lakeshore Drive, which curves to the right, taking you to the Conexus Arts Centre parking lot on your right-hand side
  - Park in the Conexus Arts Centre parking lot
  - Walk across Lakeshore Drive to the Relay Exchange Zone, which is located on the pathway/sidewalk near the waterfowl display ponds (the fenced in area full of ducks and geese and other waterfowly-type things).

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Leg 4. – Relay Exchange Zone #3



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- Starts on Ritter Avenue directly across from Sneddon Street
- Distance: approx. 9.5 km
  
- **To get there from the Start/Finish Area:**
  - South on Albert Street to 25<sup>th</sup> Avenue
  - West (right) on 25<sup>th</sup> Avenue to Pasqua Street (a T intersection)
  - North (right) on Pasqua Street to Regina Avenue (4-way stop)
  - West (left) on Regina Avenue to Lewvan Drive (first set of lights)
  - North (right) on Lewvan Drive to Dewdney Avenue
  - West (left) on Dewdney Avenue, past the RCMP Depot to McCarthy Boulevard
  - North (right) on McCarthy Boulevard to Mikkelson Drive (at the Shell gas station)
  - West (left) on Mikkelson Drive to Toothill Street
  - South (left) on Toothill Street to Ritter Avenue
  - West (left) on Ritter Avenue. **WATCH FOR RUNNERS**
  - If safe to do so, park in the gravel parking lot on the right hand side of Ritter Avenue.
  - If lot is full, park on the right-hand side of Ritter Avenue. **WATCH FOR RUNNERS.**
  - Walk to the Relay Exchange Zone, which is across from Sneddon Street.
  
- **To get there from Relay Exchange Zone #2:**
  - West on Lakeshore Drive to Broad Street.
  - North (right) on Broad Street to College Avenue
  - West (left) on College Avenue to Albert Street
  - North (right) on Albert Street to Dewdney Avenue
  - West (left) on Dewdney Avenue, past Lewvan Drive and past the RCMP Depot to McCarthy Boulevard
  - North (right) on McCarthy Boulevard to Mikkelson Drive (at the Shell gas station)
  - West (left) on Mikkelson Drive to Toothill Street
  - South (left) on Toothill Street to Ritter Avenue
  - West (left) on Ritter Avenue. **WATCH FOR RUNNERS**
  - If safe to do so, park in the gravel parking lot on the right hand side of Ritter Avenue.
  - If lot is full, park on the right-hand side of Ritter Avenue. **WATCH FOR RUNNERS.**
  - Walk to the Relay Exchange Zone, which is across from Sneddon Street.

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Leg 5. – Relay Exchange Zone #4



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- Starts on Kings Road at Grassick Avenue and ends at the finish line, back at the T.C. Douglas Building.
- Distance: approx. 3.5 km
  
- **To get there from the Start/Finish Area:**
  - West on 23<sup>rd</sup> Avenue to Albert Street
  - South (left) on Albert Street to Lakeview Avenue (just one block)
  - West (right) on Lakeview Avenue to Argyle Road.
  - North (right) on Argyle Road to 21<sup>st</sup> Avenue or Grassick Avenue.
  - Park on a side street and walk to the Relay Exchange Zone, located on the west side of Kings Road at Grassick Avenue
  - DO NOT PARK ON THE WEST SIDE OF KINGS ROAD
  
- **To get there fom Relay Exchange Zone #3:**
  - East on Ritter Avenue to Straub Street. WATCH FOR RUNNERS.
  - North (left) on Straub Street to Mikkelson Drive. (This is pretty obvious, since it only goes the one direction.)
  - East (right) on Mikkelson Drive to McCarthy Boulevard (at the Shell gas station)
  - South (right) on McCarthy Boulevard to Dewdney Avenue
  - East (left) on Dewdney Avenue to Lewvan Drive
  - South (right) on Lewvan Drive to Regina Avenue.
  - East (left) on Regina Avenue to Argyle Street. WATCH FOR RUNNERS.
  - South (right) on Argyle Street to McCallum Avenue or Grassick Avenue.
  - Park on a side street and walk to the Relay Exchange Zone, located on the west side of Kings Road at Grassick Avenue
  - DO NOT PARK ON THE WEST SIDE OF KINGS ROAD